

Smith Point Triathlon™ Long Island Triathlon Tour™



Run course: 5 Kilometers

Start and finish takes place at Smith Point County Park Parking Area.

Head North over Smith Point Bridge.

Continue North on William Floyd Parkway (CR46)

Right on Heathcote Court.

Turnaround

Left on William Floyd Parkway (CR46)

Left on Fire Island Beach Road (CR75).

Thru the tool booths back into the parking lot to transition.